



OAKLAND ATHLETICS

Media Release

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A's Agree To Terms With RHP Ben Sheets on One-Year Contract

OAKLAND, Calif. – The Oakland A's have agreed to terms with right-handed pitcher Ben Sheets on a one-year contract for the 2010 season, the club announced today.

Sheets missed the entire 2009 season after undergoing right elbow surgery. He last pitched in 2008 for the Milwaukee Brewers when he posted a 13-9 record and a 3.09 ERA in 31 starts. The right-hander tied for the National League lead with three shutouts, ranked second with five complete games and was fifth in ERA. Sheets was selected to his fourth All-Star Game and started for the NL that season.

Sheets has spent his entire eight-year career with the Brewers, posting an 86-83 record and a 3.72 ERA in 221 games, all starts. He was named to the National League All-Star team in 2001, 2004, 2007 and 2008. The 31-year old ranked fourth in the NL with a career low 2.70 ERA in 2004 and set a Milwaukee franchise record that year with 264 strikeouts. Sheets is Milwaukee's all-time leader in strikeouts (1206), ranks fifth in wins and sixth in ERA. His 1206 strikeouts from 2001-08 were fourth most in the NL over that span and his 18 complete games tied for second most.

Sheets was a member of the 2000 United States Olympic team and went 1-0 with a 0.41 ERA in three starts. He tossed a three-hit shutout against Cuba to earn the Gold Medal for Team USA.

The complete 2008 and career statistics for Sheets:

SHEETS	W	L	ERA	G	GS	CG	SHO	SV	IP	H	R	ER	BB	SO
2008 Milwaukee	13	9	3.09	31	31	5	3	0	198.1	181	74	68	47	158
CAREER	86	83	3.72	221	221	18	4	0	1428.0	1402	650	591	313	1206

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