



OAKLAND ATHLETICS

Media Release

Oakland Athletics Baseball Company • 7000 Coliseum Way • Oakland, CA 94621
510-638-4900 • Public Relations Facsimile 510-562-1633 • www.oaklandathletics.com

FOR IMMEDIATE RELEASE:

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A's Place Sheets on Disabled List; Recall Bowers from Sacramento

OAKLAND, Calif. – The Oakland A's placed right-handed pitcher Ben Sheets on the 15-day disabled list retroactive to July 20 with a strained right elbow, the club announced today. To take his spot on the roster, the A's recalled left-handed pitcher Cedrick Bowers from Triple-A Sacramento.

Sheets was 4-9 with a 4.53 ERA in 20 starts for the A's, including 2-2 with a 3.38 ERA over his last four starts. He has allowed an American League leading 57 extra base hits, is tied for fourth in losses and tied for sixth in home runs (18). This is his seventh career stint on the disabled list. He missed the entire 2009 season after undergoing surgery on his right elbow in February.

Bowers joins the A's for the third time this year. He pitched once during his first stint from May 16 to 28, allowing one run in one inning, and then went 0-1 with a 4.50 ERA in 12 relief appearances during his second stint that began June 4. He was optioned to Sacramento on Tuesday when Dallas Braden was reinstated from the DL and has a 4.85 ERA in 13 games overall with Oakland. Bowers pitched once for the River Cats following his option, allowing one run on two hits in 1.0 inning at Colorado Springs on Thursday. He was 1-1 with a 3.05 ERA and .173 opponents batting average in 19 games overall with Sacramento.

The A's have now used the disabled list 19 times this year and 83 times over the last four years. Only the Texas Rangers, with 86, have used the DL more times over that span. The 19 players have combined to miss 771 games, an average of 40.6 games missed per DL stint. Oakland currently has a season high tying 10 players on the DL and has had at least seven players on the DL every day since April 21.

The complete 2010 statistics for Bowers follow:

	W	L	ERA	G	GS	CG	SHO	SV	IP	H	R	ER	BB	SO
Sacramento	1	1	3.05	19	0	0	0	0	20.2	13	8	7	11	29
OAKLAND	0	1	4.85	13	0	0	0	0	13.0	12	9	7	5	17

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Contact: Mike Selleck (510) 563-2233
mselleck@oaklandathletics.com