



OAKLAND ATHLETICS

Media Release

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FOR IMMEDIATE RELEASE:

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A's Name Nick Paparesta Head Athletic Trainer

OAKLAND, Calif. – The Oakland Athletics announced today that Nick Paparesta has been hired as the team's head athletic trainer. Paparesta, who has served as the Tampa Bay Rays' assistant trainer the past three seasons, replaces Steve Sayles, whose contract was not renewed last month.

The A's also announced that Assistant Athletic Trainer Walt Horn will return for a fourth season in his same capacity.

Paparesta, a native of Fort Myers, Fla., had spent five years in the Rays' organization. He joined Tampa Bay in 2006 as minor league head trainer and rehabilitation coordinator, overseeing all minor league trainers and rehabilitation with minor league players in that role for two seasons. He was promoted to the major league level in 2008 and was a member of Tampa Bay's American League championship team that year.

Prior to his stint with the Rays, Paparesta worked in the Cleveland Indians organization for 11 seasons, including four years with Triple-A Buffalo. He is a graduate of Baldwin-Wallace College in Berea, Ohio and holds certifications by the National Athletic Trainers' Association (NATA) and National Strength and Conditioning Association (NSCA).

Horn will enter his 34th year in the A's organization, having previously served 30 seasons in Oakland's minor league system, including 24 years on the Triple-A level.

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